

Lap Pool Availability - 2026

Last Updated:
3/24/2026

	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
5:15-6:30 am																												
7:00 AM																												
8:00 AM																												
9:00 AM									9:15-10:15am **Aqua Power				9:15-10:15am **Aqua Power				9:15-10:15am **Aqua Power											
10:00 AM					10:25-11:30 am Aqua Board - Circuit																							
11:00 AM																												
12:00 PM																												
1:00 PM																												
2:00 PM																												
3:00 PM																												
4:00 PM	3:25-5:00pm Aqua Board - Stength Balance & Mobility																											
5:00 PM					5:00-6:00 pm Master Swim*																							
6:00 PM																												
7:00 PM																												
8:00-8:50 pm																												



Reminder to all members: Sharing a lane with at least one other person is expected. Please do not tell other members they are not allowed to circle swim with you. If there is a lap swimmer in a lane you would like to share, for courtesy, please ask to share before entering the water. Max Lane use is 30 min if someone is waiting.

Group Exercise Classes: Please be aware that aquatic classes may begin adjusting equipment and/or lane markers no more than 5 minutes prior to the start of a class. Please see class instructor if you have questions.

Color Key:

Lane open

Children Swim classes

Aqua classes: Pool closed to non-participants

Aqua Board classes: Closed to non-participants-Registration required. See flyer for upcoming dates

Swim Instructions: One on One or Buddy Session- These can occur at anytime, Commonly schedule time are indicated. A lane maybe reserve for upcoming session. (Check with Front Desk for schedule)

*Master Swime Tune-Up: Registration required: Lane usage depends on Volume: See flyer for upcoming dates

Pool closes 10 min before closing

