

Lap Pool Availability - Effective January 1st, 2026

Last Updated:
12/30/2025

	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
5:15-6:30 am																												
7:00 AM																												
8:00 AM																												
9:00 AM					8:30-9:30am **Aqua Power												9:15-10:15am **Aqua Power				9:15-10:15am **Aqua Power							
10:00 AM									9:15-10:15am **Aqua Power								9:15-10:15am **Aqua Power				9:15-10:15am **Aqua Power							
11:00 AM																												
12:00 PM					11:45-12:45 am Aqua Circuit																							
1:00 PM																												
2:00 PM																												
3:00 PM																												
4:00 PM	3:45-5:00pm Aqua Board																											
5:00 PM						5:00-6:00 pm Master Swim																						
6:00 PM																												
7:00 PM																												
8:00-8:50 pm																												



Reminder to all members: Sharing a lane with at least one other person is expected. Please do not tell other members they are not allowed to circle swim with you. If there is a lap swimmer in a lane you would like to share, for courtesy, please ask to share before entering the water. Max Lane use is 30 min if someone is waiting.

Group Exercise Classes: Please be aware that aquatic classes may begin adjusting equipment and/or lane markers no more than 5 minutes prior to the start of a class. Please see class instructor if you have questions.

Color Key:

	Lane open
	Children Swim classes

	Aqua classes: Pool closed to non-participants
	Aqua Board classes: Pool closed to non-participants- in Fall 25'
	Swim Instructions: One on One or Buddy Session- These can occur at anytime, Commonly schedule time are indicated. A lane maybe reserve for upcoming session. (Check with Front Desk for schedule)

Master Swime Tune-Up: Registration required: Lane usage depends on Volumn: Jan 6th, Jan 20th, April 28th only