

Gym Schedule - Effective January 1st, 2026

12/30/2026

Court:	Monday		Tuesday		Wednesday		Thursday		Friday	
	1	2	1	2	1	2	1	2	1	2
5:00am - 7:00am										
7:00 AM										
7:30 AM	7:30-8:30 am 1/2 Court Basketball		7:30-8:30 am 1/2 Court Basketball		7:30-8:30 am 1/2 Court Basketball		7:30-8:30 am 1/2 Court Basketball		7:30-8:30 am 1/2 Court Basketball	
8:00 AM		8:00- 10:00 Kids in Motion				8:00- 10:00 Kids in Motion				
8:30 AM										
9:00 AM										
9:30 AM					9:30-10am Quick Core					
10:00 AM							10-11am Learn Pickleball			
10:30 AM			10am-12pm Drop-In Pickleball					10-11am Learn Pickleball		
11:00 AM										
11:30 AM										
12:00 PM		12- 1 pm DHS								
12:30 PM										
1:00 PM										
1:30 PM										
2:00 PM										
2:30 PM										
3:00 PM										
3:30 PM		3:30 - 4:30 pm Drop-In Basketball						3:30 - 4:30 pm Drop-In Basketball		
4:00 PM										
4:30 PM										
5:00 PM			5-6pm Kids in Motion							
5:30 PM										
6:00 PM										
6:30 PM										
7:00 PM										
7:30 PM										
8:00 PM										
8:30 PM										Center Closed @ 8 pm

Court:	Saturday		Sunday	
	1	2	1	2
7:00am-9:00am				
9:00 AM				
9:30 AM				
10:00 AM				
10:30 AM		9-11am Kids In Motion		9am-11am Drop-In Pickleball
11:00 AM				
11:30 AM				
12:00 PM				
12:30 PM				
1:00 PM				
1:30 PM				
2:00 PM				
2:30 PM				
3:00 PM				
3:30 PM				
4:00 PM				
4:30 PM				

Key:

- Gym available for open use
- Gym reserved: Youth Programming: Registration Required
- Gym reserved: Kids In Motion use * See below
- Speciality Class: Registration Required
- Futsol (Indoor Soccer)
- Drop-in basketball: shooting hoops
- Drop-in basketball: full-court play
- Group Ex Classes
- Drop-in pickleball
- Student programming

Note:

*Kids In Motion reserves the right to use gym time as needed during periods of high volume.

**Holidays & Spring Break- Open Gym all day.

