



Warm Pool Availability - Effective Setember 2nd, 2025

Last Updated:8/27/2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 -6:30am							
7:00 AM	7:00-8:00 am **Aqua Easy Movement		7:00-8:00 am **Aqua Easy Movement		7:00-8:00 am **Aqua Easy Movement		
8:00 AM							
9:00 AM		9:00-10:00am MyFitRx Supervision		9:00-10:00am MyFitRx		4:30-7:00pm Children Lesson 10/10-12/13	
10:00 AM				9:30-10:30 am *Aqua Yoga			
11:00 AM			10:30-11:30am *Aquacize W/ Arthritis		10:30-11:30am *Aquacize W/ Arthritis		
12:00 PM	12:15-1:15 pm *Aquacize W/ Arthritis						
1:00 PM	1:00-2:00pm MyFitRx Supervision		1:00-2:00pm MyFitRx Supervision				12:30- 2:15pm Family Swim
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	4:30-7:00pm Learn to Swim 10/13-12/15		5:00-6:00 pm **Aqua Energize			Pool Closes 4:50 pm	
6:00 PM	6:00- 7:00pm MyFitRx Supervision		6:00-7:00pm MyFitRx Supervision			Lane open	
7:00 PM						Specialty Classes	
8-8:50 PM						Learn to Swim Lessons	
						Aqua classes: Pool closed to non-participants	
						Family Swim: 2nd & 4th Sunday of the month. starting sep 28th	
					Pool Closes 7:50 pm	Swim Instructions Sessions: (1on1 or Buddy) Can occur at anytime, (Check with Front Desk for schedule)	
		Pool Closes at 8:50 pm					