

Gym Schedule - Effective January 8, 2024

Court:	Monday		Tuesday		Wednesday		Thursday		Friday	
	1	2	1	2	1	2	1	2	1	2
5:00am - 7:00am										
7:00am - 7:30am										
7:30am - 8:00am										
8:00am - 8:30am										
8:30am - 9:00am		8-10am Kids in Motion		8:30- 10:30 Kids in Motion		8-10am Kids in Motion		8:30-10:30 Kids in Motion		8-10am Kids in Motion
9:00am - 9:30am										
9:30am - 10:00am					9:30-10am Quick Core Class <small>**Last Wed. of the month</small>					
10:00am - 10:30am	10am-12pm Drop-In Pickleball		10-11am Pickleball Class		10am-12pm Drop-In Pickleball		10-11am Pickleball Class		10am-12pm Drop-In Pickleball	
10:30am - 11:00am										
11:00am - 11:30am										
11:30am - 12:00pm										
12:00pm - 12:30pm			11am-1pm Drop-In Pickleball				11am-1pm Drop-In Pickleball			
12:30pm - 1:00pm										
1:00pm - 1:30pm										
1:30pm - 2:00pm										
2:00pm - 2:30pm										
2:30pm - 3:00pm										
3:00pm - 3:30pm										
3:30pm - 4:00pm										
4:00pm - 4:30pm						3:30-5:00pm Youth (12-17) Drop-In Basketball				
4:30pm - 5:00pm										
5:00pm - 5:30pm				5-6pm Kids in Motion						
5:30pm - 6:00pm										
6:00pm - 6:30pm			6-7:30pm Adult (18+) Drop-In Basketball		6-7:30pm Drop-In Pickleball		6-8pm Adult (18+)	6-7pm Kids in Motion		
6:30pm - 7:00pm										
7:00pm - 7:30pm							Drop-In Basketball		Center Closes at 7:00 PM	
7:30pm - 8:00pm										

Court:	Saturday		Sunday	
	1	2	1	2
7:00am-9:00am				
9:00am-9:30am				
9:30am-10:00am		9-11am Kids in Motion	9-11 am Drop-in Pickleball	
10:00am-10:30am				
10:30am-11:00am				
11:00am-11:30am				
11:30am-12:00pm				
12:00-12:30pm				
12:30pm-1:00pm				
1:00pm - 1:30pm				
1:30pm - 2:00pm				
2:00pm - 2:30pm				
2:30pm - 3:00pm				

Key:

- Gym available for open use
- Drop-in basketball: full-court play
- Drop-in basketball: shooting hoops
- Drop-in pickleball

