

# Therapy Pool Availability - June 10, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	
5:00am - 8:00am					7:00 am - 8:00am Aqua Easy Movement	
8:00am - 8:30am						
8:30am - 9:00am						
9:00am - 9:30am						
9:30am -10:00am						
10:00am - 10:30am						
10:30am - 11:00am			10:30-11:30am Aquacize w/ Arthritis			
11:00am - 11:30am						
11:30am - 12:00pm						
12:00pm - 12:30pm						
12:30pm - 1:00pm						
1:00pm - 1:30pm						
1:30pm - 2:00pm						
2:00pm -2:30pm						
2:30pm - 3:00pm						
3:00pm - 3:30pm						
3:30pm - 4:00pm					3:30pm - 5:30pm Children's lessons (Pool Open)	
4:00pm - 4:30pm	4:00 - 6:45pm Children's Group Lessons (Pool Open)		4:00 - 4:30pm Preschool Swim			
4:30pm - 5:00pm						
5:00pm - 5:30pm				5:00-6:00pm Aqua Energize		
5:30pm - 6:00pm						5:45 - 6:15pm Adult Beginner
6:00pm - 6:30pm				6:15 - 6:45pm Level 2 Swim		
6:30pm - 7:00pm						
7:00pm - 7:30pm					Center Closes at 7 pm	
7:30pm - 8:00pm						

	Saturday	Sunday
7:00am - 9:30am		
9:30am - 10:00am		
10:00am - 10:30am		
10:30am - 11:00am		
11:00am - 11:30am		
11:30am-12:00pm		
12:00pm-12:30pm		
12:30pm-1:00pm		Family Swim 3rd Sunday of the month
1:00pm - 1:30pm		<b>Registration Required</b>
2:00pm - 2:30pm		
2:30pm - 3:00pm		

### Color Key:

- Open
- Therapy Pool RESERVED for Aqua Class
- Pool remains OPEN during group swim lessons

### Group Exercise Classes:

- Please be aware that aquatic classes may begin adjusting equipment and/or lane markers no more than 5 minutes prior to the start of a class.
- The Therapy Pool is closed to non-participants during all Aqua Classes. Non-class participants are welcome to use the Lap Pool until the class has finished. Please do not enter the therapy pool if the yellow "Aqua Class in Session" sign is on display. All members in the pool during a class are required to participate in the class.

### Children's Private Lessons

Children's Private Lessons may occur outside of group lesson times. Pools will remain OPEN. See front desk for more information on when private lessons are occurring.



